
Resurrection Road 2024

Ash Wednesday February 14th
to Resurrection Sunday
March 31st

This resource will encourage you to read
all of the Gospel of **John** between Ash
Wednesday and Easter Sunday.

You are also encouraged to find a form
of fasting that might suit you and to
practise SOAP.

Creation Art Work by indigenous artist Safina Stewart.
The journey toward Easter is a good seasonal
opportunity to be renewed.



Use a little SOAP:

Apply a little SOAP to get the most out of Scripture: A pathway for reflective reading allowing the space for God to speak.

You might like to use this simple way of allowing scripture to live, and unpack you. Grab a note book, an e-note page or journal and get started.

S: Scripture. Read over the Biblical text a few times... Slowly. If possible speaking it aloud.

Dwell in it. Give it room to expand.

O: Observe. What is God beginning to bring to your mind ? What memories, images, circumstances, feelings, questions and thoughts begin to stir? Capture them. Write them down, draw them, celebrate them.

A: Application. What things begin to occur to you that might emerge as the actions, outcomes, deeds, conversations or explorations that are the direction for the future?

P: Pray. Take the time to seek clarification, give thanks, ask for the 'how' and for resources to fulfil those things that might have emerged.

FASTING: 40 Days

There is a long history of Fasting during this season of Lent as a spiritual discipline.

A Biblical '40' usually denotes a period of renewal, recovery, strengthening, victory over temptation or the movement from an old form into something new. In changing life habits 40 days is usually needed to overcome addictions or old comforts.

For many, Lent is a time for re-exploring their foundations and even discovering a kind of resurrection as priorities are sorted, discipleship rediscovered, friendships restored and new directions in God celebrated.

The heart of FASTING is not so much 'going without' or a kind of ritualised punishment, but rather the purposeful laying aside of time, focus and the questing after 'things' to allow a greater space in the day for God to speak.

Some fast from certain food or drinks, but a fast might include: cutting TV viewing, reducing screen time, leaving social media for a while or the harder fasts- fasting from criticism, gossip or negativity.

Note: Sundays are a fast free day and are not counted in the 40 days.

John's Gospel Lent 2022

Feb 14th **(Ash Wednesday)** John 1:1-18

Feb 15th : John 1:19-34

Feb 16th: John 1:35-51

Feb 17th: John 2:1-25

First Sunday in Lent February 18th

Feb 19th: John 3:1-21

Feb 20th John 3:22-36.

Feb 21st: John 4:1-38

Feb 22nd: John 4:39-54

Feb 23rd John 5:1-30

Feb 24th: John 5:31-47

Second Sunday in Lent February 25th

Feb 26th: John 6:1-15

Feb 27th: John 6:16-71

Feb 28th: John 7:1-24

Feb 29th: John 7:25-52

March 1st: John 8:1-11

March 2nd: John 8:12-30

Third Sunday in Lent March 3rd

March 4th: John 8:31-59

March 5th: John 9:1-34

March 6th: John 9:35-41

March 7th: John 10:1-21

March 8th: John 10:22-42

March 9th: John 11:1-16

Fourth Sunday in Lent March 10th

March 11th: John 11:17-57

March 12th: John 12:1-19

March 13th: John 12:20-50

March 14th: John 13:1-30

March 15th: John 13:31-38

March 16th: John 14:1-14

Fifth Sunday in Lent March 17th

March 18th : John 14:15-31

March 19th: John. 15:1-17

March 20th : John 15:18-27

March 21st: John 16:1-15

March 22nd: John 16: 16-33

March 23rd: John 17:1-19

Sixth Sunday in Lent March 24th

March 25th: John 17:20-26

March 26th: John 18:1-14

March 27th: John 18:15-24

March 28th: John 18:25-40

GOOD FRIDAY March 29th:

John 19:1-37

EASTER SATURDAY March 30th:

John 19:38-42

EASTER SUNDAY March 31st:

John Chapters 20 & 21

A few good things to do:

1: Allow the time to imagine the conversations, people and places that John will take you to. Let the scenes expand in your mind, heart and Spirit.

2: Grab a Bible translation or paraphrase that you feel comfortable reading.

3: Get a sketch book, notepad or an E-page resource that you find easy to use... for drawing, mind-maps, scribbling... reflecting, writing questions and just plain actively engaging with scripture. AI creativity to lead you.

4: Find a spot you find conducive to reflection... a favourite chair, a cafe, down the beach, a sunny room... in the garden.

5: Active reading and prayer- if you have the space and right place it is actually a powerful thing to read scripture aloud, walk it out... have a conversation with your self (or someone else about it).

6: Faith comes by hearing... why not amplify your use of scripture by listening to it. There are a range of fantastic audio readings- my favourite audio version is David Suchet.

7: Find someone to share your insights with.

